

# FAR NORTH COAST J.A.C

Cabarita 16th December 2018

Carnival Referee: Peter Allsopp Team Managers Meeting 8:00am

All Events: Marshall 30 min prior to start time.

Officials Report 8:00am

Water Events Commence 9.00am			Marshall Surf Board Riding 6.45am Surf Board Riding meet in front of shed
U/14 Surf (M & F)	U/10 Surf (M & F)	Beach Report Marshall 8:30	
U/13 Surf (M & F)	U/9 Surf (M & F)	All Age Sprint Relay	
U/14 Board (M & F)	U/10 Board (M & F)	U/12 Sprint (M & F)	U/12 Flags (M & F)
U/13 Board (M & F)	U/9 Board (M & F)	U/12 Open Relay.	
U/14 Brace Relay	U/9 Brace Relay	U/11 Female Sprint (M & F)	U/11 Flags (M & F)
U/13 Brace Relay	U/10 Brace Relay	U/11 Open Relay.	
U/14 Iron person (M & F)	U/12 Female Surf.	U/9 Sprint (M & F)	U/9 Flags (M & F)
U/13 Iron person (M & F)	U/11 Female Surf.	U/9 Open Relay.	
U/12 Male Surf.	U/12 Female Board.	U/10 Sprint (M & F)	U/10 Flags (M&F)
U/11 Male Surf.	U/11 Female Board.	U/10 Open Relay.	
U/12 Male Board.	U/12 Female Iron person	U/13 Sprint (M & F)	U/13 Flags (M & F)
U/11 Male Board.	U/11 Female Iron person	U/13 Open Relay.	
U/12 Male Iron person	U/11 Open Board Relay	U/14 Sprint (M & F)	U/14 Male Flags (M&F)
U/11 Male Iron person	U/11 Brace Relay	U/14 Open Relay.	
U/12 Brace Relay			
<p><b>Brace Relay</b> This two-person event comprises of a surf swimmer and a surf board paddler. The race commences with the swimmer swimming around the swim course then run to tag the paddler. Paddler goes around the board course then board finish across the line. To complete the race, a competitor must have (or have regained) their board &amp; cross the finish line from the seaward side whilst maintaining contact with the whole of their board.</p>			<p>Under 8 Wade &amp; Wade Relay Flags (M &amp; F) Sprints when track available Separate Area for U8 Flags x2</p>